

Patient Application Instructions

BEFORE USING THE DEVICE, PLEASE READ THE INSTRUCTIONS FOR USE COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.

APPLICATION INSTRUCTIONS

The product is designed to be worn during everyday activities.

A. PUTTING ON THE DONJOY OA GO®

NOTE: The hinge bar should be located on the unaffected side of the knee:

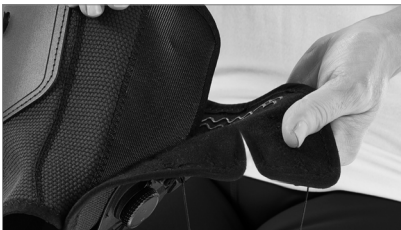
- For medial relief, the hinge is positioned laterally/on the outside of the knee
- For lateral relief, the hinge is positioned medially/on the inside of the knee



1. Pull up both BOA® closure systems for quick release.



2. Unlock the upper cover by pulling the tab, then remove it from the baseplate.



3. Undo the hook/loop fastening on the brace.



4. While seated, slip on and pull the brace up until you ensure the kneecap is centered in the middle of the opening. Stand up to complete the fitting.



5. While standing, wrap the flaps around your thigh so the brace fits properly and fix the hook/loop closure.



6. Replace the upper cover and lock it in place.



7. The mid-hinge should be positioned at top of the knee cap. Adjust as necessary.



8. Press down on the two BOA® closure systems to engage them.



9. Turn both BOA closure systems to tighten and pre-position the orthosis. Tighten the two BOA closure systems until the desired relief is achieved, ensuring that the brace maintains the correct position on the leg.



10. While standing, make sure there is no gap between the condyle pad and your knee. 2 condyle pads with different thicknesses (10mm and 13mm) are included for enhanced comfort. Select the best fit.



11. TIPS: in case you have to change the pad for a better fitting, just unattach it from the inside of the hinge (using the hook and loop system) and attach the new pad in the same place.

- 12.** Once the brace is on, perform knee bends and walk around to verify no brace slippage occurs and check the relief forces:
- if the brace slips down and/or if you don't feel relief after a few steps, the relief setting is too loose (turn the BOA dial clockwise to tighten)
 - if you feel the brace is digging in, the setting is too tight (turn the BOA dial anti-clockwise to loosen)
- 13.** Adjust the relief as necessary. Both upper and lower BOA closure systems can be adjusted independently for a comfortable fit

B. TAKING OFF THE DONJOY OA GO®



1. Pull up both BOA® closure systems for quick release.



2. Unlock the upper cover and remove it from the baseplate.



3. Open the upper hook/loop closure system. Pull the DonJoy OA GO® down.

- **TIPS:** Close the hook/loop closure system before storing to avoid damaging the fabric. Lock the upper cover for easy storage.

INTENDED USE / INDICATIONS

Mild to moderate single compartment osteoarthritis (medial or lateral), general instability of the knee joint by age, varus-valgus knee conditions that may benefit from unicompartmental unloading.

WARNINGS AND PRECAUTIONS

Please see Instructions for Use for a full list of contraindications, warnings, and precautions.

- We recommend that the first application be made under supervision of a healthcare professional
- If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult a healthcare professional immediately

CLEANING INSTRUCTIONS

Hand wash (30°C max) with mild detergent.

INTENDED FOR SINGLE PATIENT MULTIPLE USE

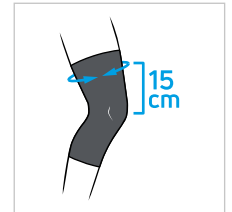
NOT MADE WITH NATURAL RUBBER LATEX

NOTICE: While every effort has been made in state-of-the-art techniques to obtain the maximum compatibility of function, strength, durability and comfort, there is no guarantee that injury will be prevented through the use of this product.

ORDERING INFORMATION

PART NUMBER		THIGH CIRCUMFERENCE	SIZE
RIGHT MEDIAL/ LEFT LATERAL	LEFT MEDIAL/ RIGHT LATERAL		
82-7428-1	82-7429-1	33 – 39 cm 13 – 15 ½"	XS
82-7428-2	82-7429-2	39 – 47 cm 15 ½ – 18 ½"	S
82-7428-3	82-7429-3	47 – 53 cm 18 ½ – 21"	M
82-7428-4	82-7429-4	53 – 60 cm 21 – 23 ½"	L
82-7428-5	82-7429-5	60 – 67 cm 23 ½ – 26 ½"	XL
82-7428-6	82-7429-6	67 – 75 cm 26 ½ – 29 ½"	XXL

Measurement taken 15 cm above mid-patella



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